



Counseling Centers in Heidelberg

ADDICTION COUNSELING

- ▶ **Addiction Counseling Heidelberg (agj), Center for Psychosocial Counselling and Treatment (PSB)**
(Suchtberatung Heidelberg (agj), Psychosoziale Beratungs- und Behandlungsstelle (PSB))

Services: counseling for people suffering from or at risk of addiction as well as for their families. Focus on addiction to nicotine, alcohol, prescription medications, illegal drugs and gambling.

Bergheimer Str. 127/1, 69115 Heidelberg
Phone: (06221) 29 0 51
suchtberatung-heidelberg@agj-freiburg.de
www.suchtberatung-heidelberg.de
Open office hours: Thu 4 – 5:30 pm

- ▶ **Heidelberg Center for Addiction (bw-lv)**
(Fachstelle Sucht Heidelberg)

Counseling for people with substance abuse problems (drugs, alcohol, prescription medicine) as well as those with other addictions (gambling, internet and video games). Services are available to those addicted and their family members. Focus on prevention, counseling, early intervention, motivation, support during opioid substitution therapy, referrals to rehabilitation clinics or detoxification treatment, follow-up care, information about self-help.

Unterer Fauler Pelz 1, 69117 Heidelberg
Phone: (06221) 23 432
fs.heidelberg@bw-lv.de
www.bw-lv.de
Office hours: Mon 2 - 6 pm, Tue and Thu 9 am - 12 pm and 1 - 5 pm, Wed 1 - 7 pm, Fri 9 am - 2 pm or by appointment.

- ▶ **Addiction Counseling at the Blaues Kreuz**

Services: information about addiction, how addiction develops and possible treatments; referral to support centers (e.g. hospitals); information about the necessary steps (e.g. in-patient or out-patient treatment) and about costs, procedures and applying for treatment.

Plöck 16-18, 69117 Heidelberg
Phone: (06221) 14 98 20
info@heidelberger-suchtberatung.de

www.heidelberger-suchtberatung.de

Office hours: Tue 2 – 7 pm and every 1st and 3rd Saturday of the month 9 am - 12 pm or by appointment.

SOCIAL COUNSELING

▶ **Diakonisches Werk**

Services: information; counseling and support for people with social, financial or personal emergencies; support with issues regarding social security laws and services, immigration, and administrative issues; work placements in fields related to the Protestant Church in Heidelberg.

Diakonisches Werk Heidelberg
Karl-Ludwig-Str. 6, 69117 Heidelberg
Phone: (06221) 53 75 0
diakonie@dwhd.de
www.diakonie-heidelberg.de

Short counseling sessions in Emmertsgrund (Bürgerhaus, Forum 1, 69126 Heidelberg):
Every Wednesday 2:30 pm – 4:30 pm or by appointment

▶ **Caritas**

Services: general social counseling; information and counseling on welfare services (unemployment benefits I and II, welfare, housing benefits, etc.); counseling and support for people who are unemployed and receiving basic security benefits; support when applying for and claiming social benefits; information about and referral to other specialized services.

Caritassozialdienst (CSD)
Turnerstraße 38, 69126 Heidelberg
Phone: (06221) 33 03 0
Thomas.seethaler@caritas-heidelberg.de
<http://www.caritas-heidelberg.de>

Office hours: Mo 10 am – 12 am, Wed 2 pm – 4 pm, Fri 10 am – 12 am or by appointment

▶ **Association for occupational integration and qualification / Der Paritätische Baden Württemberg**

Services: general social counseling; assistance with individual problems and with applications and forms when dealing with government agencies; clarification of possible benefits claims; support for family or health problems, financial issues; search for specialized services or facilities.

Vbi
Alte Eppelheimer Straße 28 (rear building, ground floor left), 69115 Heidelberg
Phone (06221) 97 03 66
j.frenke@vbi-heidelberg.de
<https://www.vbi-heidelberg.de/beratung-projekte/sozialberatung/>
Office hours: Mo 2 pm – 6 pm, Wed 3 pm – 7 pm

▶ **German Red Cross / Deutsches Rotes Kreuz**

Services: general social counseling

Deutsches Rotes Kreuz
Langer Anger 2, 69115 Heidelberg
Phone (06221) 90 10 50
Sprechzeiten: Tue 1 pm – 4 pm, Wed 9.30 am – 11 am, Fri 9 am – 12 am

- ▶ **Jewish Community Heidelberg / Jüdische Kultusgemeinde Heidelberg**
Services: general social counseling

Jüdische Kultusgemeinde Heidelberg
Häusserstraße 10-12, 69115 Heidelberg
Phone (06221) 90 52 40
sozialdienst@jkg-heidelberg.org
<http://jkg-heidelberg.com/unsere-büros/>
Office hours: Mo 12 am – 3 pm, Tue/Thu 10 am – 3 pm or by appointment

- ▶ **Workers' Welfare Organization / Arbeiterwohlfahrt**
Services: general social counseling; counseling on social benefits [e.g. unemployment benefits (ALG II), welfare (Grundsicherung), housing benefits (Wohngeld)]; assistance with applying for benefits and understanding related correspondence; information about asserting legal claims; assistance with applications and forms; information about other counseling services, e.g. debt counselling, counseling for unwanted or unintended pregnancies, addiction counseling.

Ms. Daniela Revermann
Adlerstraße 1/5-1/6, 69123 Heidelberg
Phone (06221) 73 92 114
Revermann@awo-heidelberg.de
<https://www.awo-heidelberg.de/einrichtungen/sozialberatung.html>
Office hours: Tue – Thu 9 am – 2 pm

PREGNANCY, FAMILY AND MARRIAGE COUNSELING

- ▶ **Counseling for unwanted or unintended pregnancies at the Diakonisches Werk (*Schwangerschaftskonfliktberatung beim Diakonischen Werk*)**
Services: relationship and family counseling; information about medical, legal and financial issues, about the rights of families with children, about public, private and church-run support services; support for choosing a doctor; counseling on family planning and contraception; post-pregnancy support.

Diakonisches Werk Heidelberg
Karl-Ludwig-Str. 6, 69117 Heidelberg
Phone: (06221) 53 750
diakonie@dwhd.de
www.diakonie-heidelberg.de/kinder-familie/schwangerschaftskonfliktberatung
Call for an appointment

- ▶ **Donum Vitae regional association HD/MA/Rhein-Neckar e.V.**
Pregnancy counseling, counseling in case of unintended pregnancy, teen pregnancy, prenatal diagnosis, counseling on infertility, confidential births, mourning and loss, sex education, support for obtaining childcare.

Friedrichstraße 3, 69117 Heidelberg

Phone: (06221) 18 23 34

info@donumvitae-hd.de

<https://www.donumvitae-hd.de/>

Office hours: Mo – Fri 9 am – 12 am, Tue 3 pm – 5 pm and Thu 1.30 pm – 3.30 pm

▶ **International Women's and Family Center Heidelberg e.V.**
(Internationales Frauen- und Familienzentrum e.V. (IFZ))

Services: pregnancy counseling, marriage, family and life counseling. The IFZ offers special counseling for immigrant women and their families that is tailored to their language, culture and migration experiences.

IFZ Heidelberg

Theaterstr. 16, 69117 Heidelberg

Phone: (06221) 18 23 34

info@ifz-heidelberg.de

www.ifz-heidelberg.de

Opening hours for phone calls and for arranging appointments: Mon, Tue, Wed, Fri 12 pm - 2 pm, Thu 9 - 10 am

▶ **Pro Familia Heidelberg e.V.**

Services: counseling on issues of pregnancy, parenthood, partnership, sexuality, family planning, women's health, sex education and prevention.

Pro Familia Heidelberg

Hauptstr. 79, 69117 Heidelberg

Phone: (06221) 18 44 40

heidelberg@profamilia.de

www.profamilia-heidelberg.de/pages

Phone consultation hours: Mo – Fri 11 am – 1 pm, additionally Mo 9 am – 11 am, Thu 5 pm – 6 pm, youth consultation hours Thu 3 pm – 5 pm

▶ **Catholic Women's Social Services Heidelberg e.V.**
(Sozialdienst Katholischer Frauen Heidelberg e.V.)

Services: counseling on pregnancy and well-being, jobs and training, housing, family and law, money and security, partnership and parenthood, mourning and pregnancy.

Felix-Wankel-Straße 25, 69126 Heidelberg

Phone: (06221) 13 70 86-11 and (06221) 13 70 86-13

schwangerschaftsberatung@skf-heidelberg.de

www.skf-heidelberg.de

Office hours by appointment: Mon – Thu 9 am – 4 pm, Fri 9 am – 3 pm

This organization also offers additional office hours at Catholic maternity hospitals in Heidelberg:

In cooperation with St. Elisabeth Hospital once a week Tue 10 am – 12 am, Room 252 at the Mutter-Kind-Station

In cooperation with St. Josef's Hospital once a month Wed 9 am – 11 am,
Geburtshilfliche Abteilung.

LEGAL ADVICE

- ▶ **Legal advising services at the local court (*Landgericht*)**
Services: legal advising for people with low incomes; support to cover lawyers' fees and trial costs.
Kurfürsten-Anlage 15, 69115 Heidelberg
Phone: (06221) 59-0
www.landgericht-heidelberg.de/pb/,Lde/Startseite/1158907
The dates for these free legal advising services are found on the above website.

DEBT COUNSELING

- ▶ **Debt and bankruptcy counseling at the Caritas e.V., incl. counseling by email**
Free debt and bankruptcy counseling for residents of Heidelberg.

Turnerstraße 38, 69126 Heidelberg
Phone: (06221) 33 03 0
sb@caritas-heidelberg.de
<http://www.caritas-heidelberg.de/cms/dienste-und-einrichtungen/schuldnerberatung.html>
Short counseling sessions Tue 2 pm – 4 pm or by appointment, which can be set up by email
- ▶ **Debt counseling center of the Deutscher Paritätische Wohlfahrtsverband (DPWV)**
Services: comprehensive debt counseling; project "debt-free in old age"

Schwetzinger Straße 26, 69124 Heidelberg
Phone: (06221) 40 01 32
schuldnerberatung@paritaet-hd.de
<https://paritaet-bw.de/regional/kreisverbaende/heidelberg-rhein-neckar-odenwald/schuldnerberatung.html>

MEDICAL ASSISTANCE (for people without health insurance)

- ▶ **"MediNetz" Initiative in the Rhein-Neckar region**
Basic medical services for people without legal papers or health insurance (anonymous and free of charge).

Asylarbeitskreis
Plöck 101, 69117 Heidelberg
Phone: 0157 75438815
mail@medinetz-rhein-neckar.de
www.medinetz-rhein-neckar.de
Can be contacted by telephone 24 hours a day.
Office hours: Wed 5 – 6 pm
(Bürgerhaus Neckarstadt-West, Lutherstraße 15-17, 68169 Mannheim)